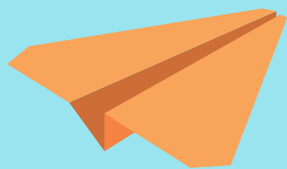


NEWBORN TRAVEL CHECKLIST



FEEDING

- bottles
- formula (if using)
- boppy
- burp cloths
- portable drying rack & brush
- If breastfeeding:
 - pump & parts
 - nipple cream & pads
 - pumping bra

PLAY

- a few toys (rattle, black & white cards)
- blanket for tummy time

SLEEP

- portable sound machine
- monitor
- swaddle(s)
- pack & play
- fitted sheet for pack & play

WEAR

- outfits (2 per day)
- zipper pjs or gowns for sleep
- winter hat
- mittens
- bunting or coat for warm weather:
- sunhat
- sunscreen
- swimsuit(s)

MISC.

- baby carrier
- diapers (8-12 per day)
- wipes
- gripe water
- mylicon
- infant tylenol
- lotion
- body wash/shampoo
- washcloth
- towel